

Mental Health in Oldham Locality Refresh - Draft

Mental Health



Greater Manchester
Integrated Care

The place based work in Oldham is focused on how we change community mental health support for the better. There is a greater recognition and urgency for changes in the way we talk about, understand and support better mental health. The pandemic has had a devastating effect on many, but it has highlighted the need to open up opportunities, increase resources and bring communities and organisations together to address this systemic challenge in new ways.

Through the **Oldham Mental Health Collaborative** we have spent time listening to people with lived experience and identified the key challenges as well as opportunities for the local system:

- The system is disjointed** – with gaps in support between primary and secondary care, and people ‘falling through the gaps’ or having to repeat their story
- Services are perceived as rigid and inflexible** – not meeting people where they need support, or offering enough choice
- Support can feel hierarchical and clinical** – with a shift in focus from purely diagnosis and pathologies to interests and relationships
- Insufficient support infrastructure for local peer groups** – which should be provided as well as clinical interventions where beneficial
- Increased barriers to accessing services** – often for people from minority groups

In order to address these challenges we are undertaking in Oldham a significant transformation programme in respect of how we deliver community mental health – known as ‘Living Well’ – a new model for improving mental health in our neighbourhoods:

- Neighbourhoods will have mental health workers** (based within Primary Care Networks) that will work as a multi-disciplinary team, comprised of a range of specialties clinical and non-clinical – with the aim to improve access and treatment for people with serious mental illness
- Integrated Teams accessed via one mental health point of access** – people in Oldham are able to access mental health care when and where they need it, and be able to move through the system easily
- Create a new model of mental health care** that will be delivered in line with national priorities for community mental health transformation and the community mental health framework

Learning Disability and Autism

We have refreshed Oldham's Learning Disability Strategy for 2023/24 and have established a 'Good Health' group with members from Primary Care Commissioning, voluntary sector and the Community LD Team to work collaboratively to achieve the goals set out in the strategy. We maintain our commitment to improving the lives of people with a learning disability and/or autism and addressing the health inequalities that are significant for people with complex needs associated with a learning disability. Our work is underpinned by the principles set out in national plans including 'Building the Right Support' and by the GM Transforming Care Partnership priorities. Our aim is to:

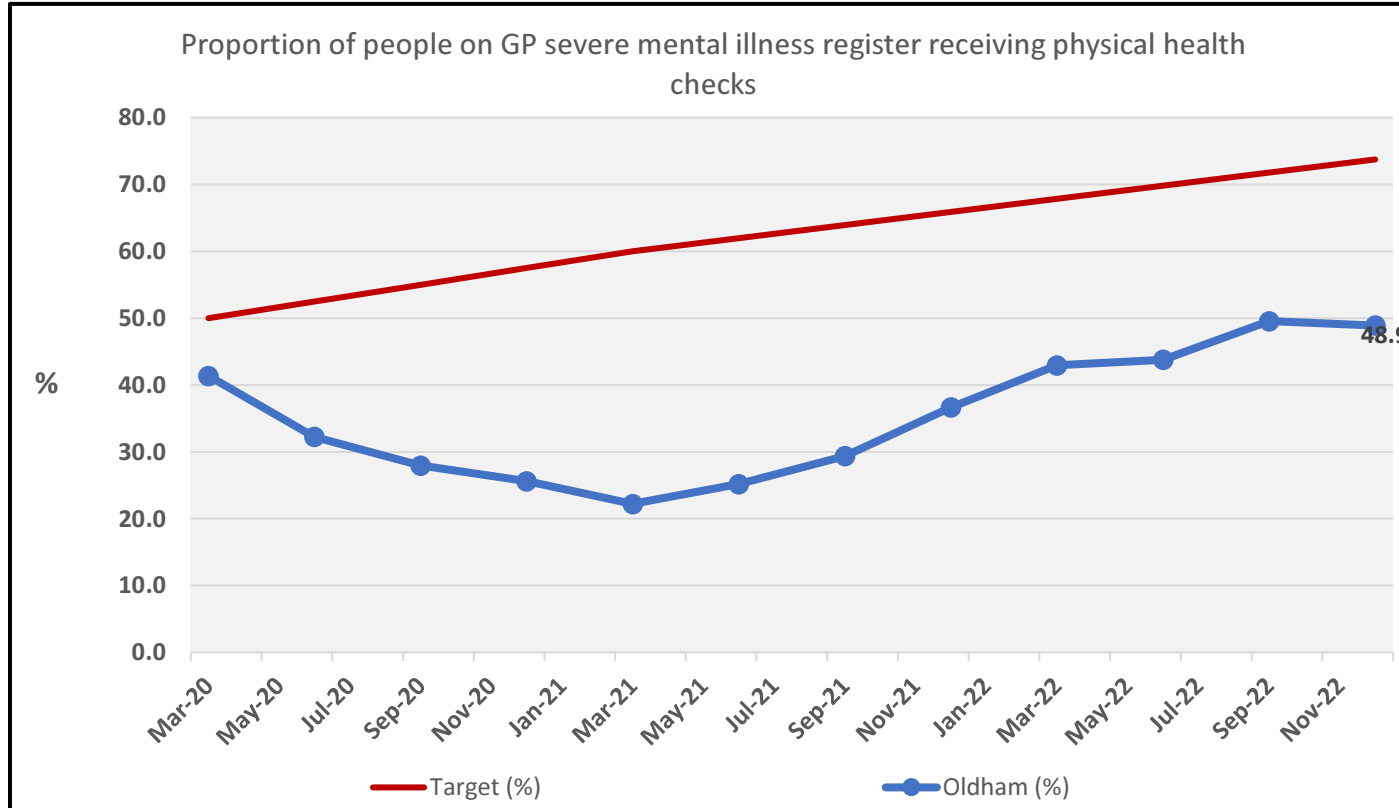
- To improve the uptake of Annual Health Checks for people with a learning disability
- Continue to hold monthly engagement events to co-produce strategy development
- To review the process and increase the numbers of Health Action Plans
- To monitor, promote and support vaccinations for Covid and Flu
- Increase the number of people on GP LD registers from minority ethnic groups
- Review and establish improved access to health services for people from minority ethnic groups who have a learning disability
- Develop the role of a link worker for minority ethnic groups
- Review the cancer screening process and improve uptake for people who are eligible on LD registers
- Promote programmes around Sepsis
- Embed the findings from LeDeR reports
- Continue to work towards the reduction of the use of anti-psychotic medication
- Develop a dashboard to monitor the elements of the strategy to evidence outcomes and identify issues early

Dementia

Oldham will continue to support Dementia United in projects that will benefit people in Oldham and across GM including the implementation of the digital post-diagnostic support tool and increased support for people with young onset dementia. Oldham are committed to supporting OGD projects to develop services for complex dementia. We have refreshed Oldham's Joint Health and Social Care Dementia Strategy for 2022/23 and have established leads for each area of the 10 objectives in the strategy. We have established a collaborative approach including people with lived experience, partners from social care and voluntary organisations who will aim to:

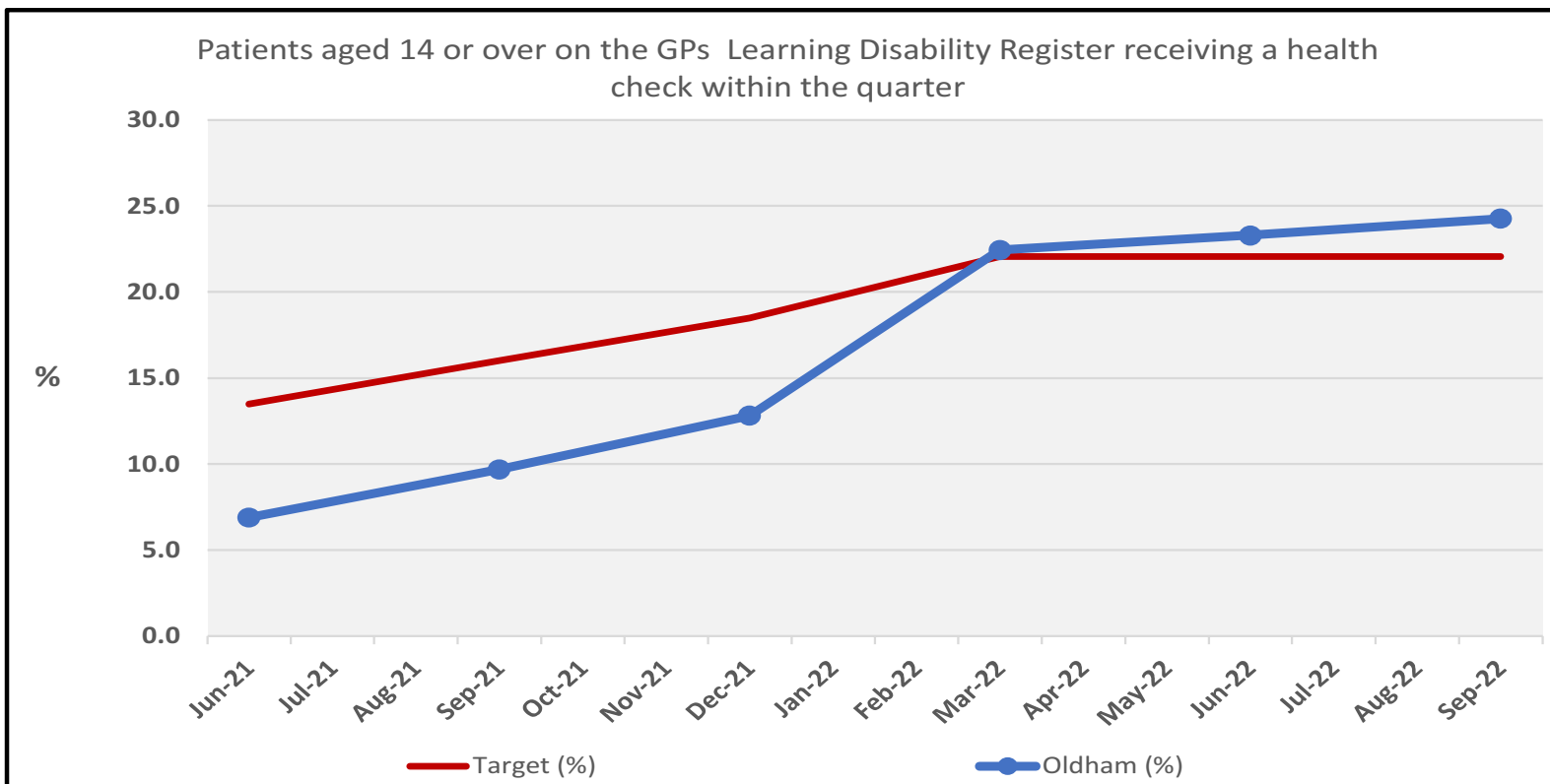
- Increase access to services from the BAME community
- Improve diagnosis rates and the post diagnostic pathway
- Support carers
- Improve the experience and support for people with young onset dementia
- Improve dementia training
- Support people from underserved populations
- Improve access to respite
- Support care homes in dementia care
- Support people with environment and sensory needs
- Support the end of life process for patients

MH Performance



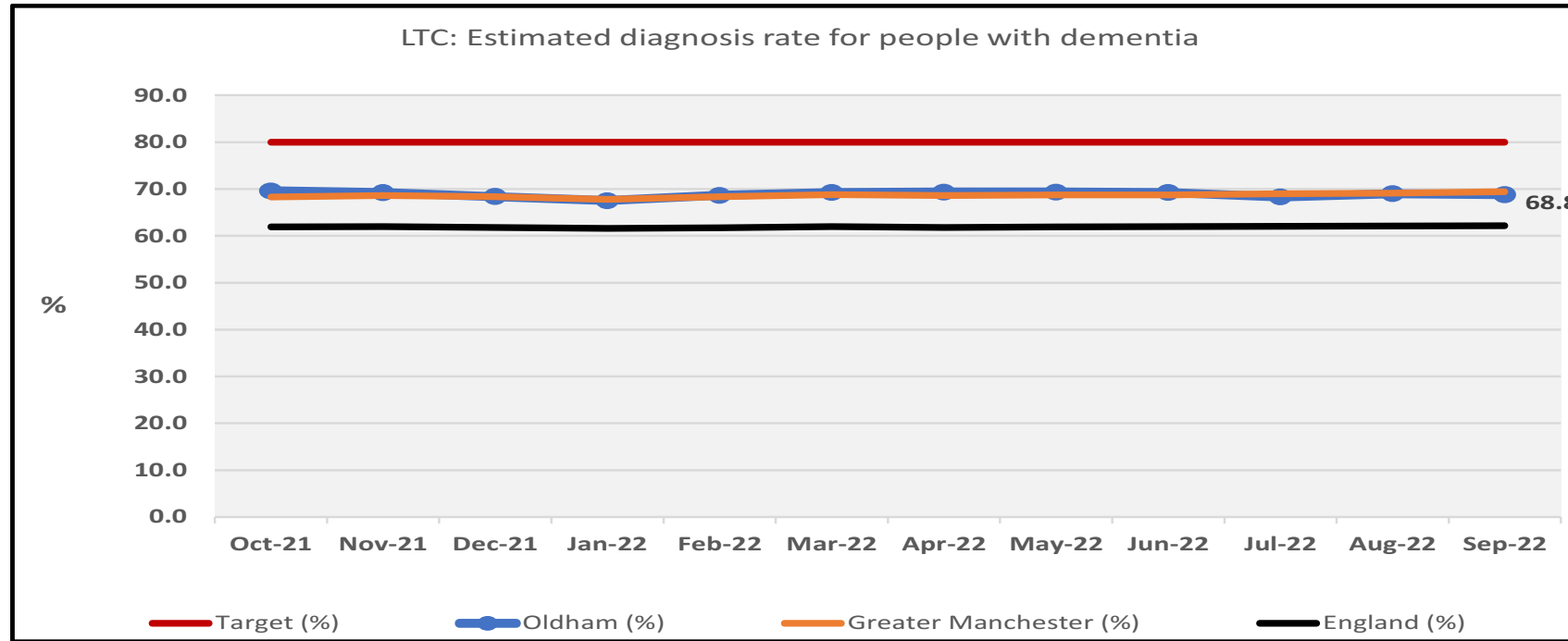
Measure	Mar-20	Jun-20	Sep-20	Dec-20	Mar-21	Jun-21	Sep-21	Dec-21	Mar-22	Jun-22	Sep-22	Dec-22
Target (%)	50.02	52.50	55.00	57.50	60.00	61.96	63.93	65.89	67.86	69.82	71.79	73.75
Numerator	1,045	825	689	480	549	632	733	903	1,053	1,078	1,226	1,225
Denominator	2,525	2,557	2,463	1,873	2,469	2,511	2,491	2,463	2,451	2,461	2,473	2,504
Oldham (%)	41.39	32.26	27.97	25.63	22.24	25.20	29.40	36.66	42.96	43.80	49.58	48.92

LD Performance



Measure	Jun-21	Sep-21	Dec-21	Mar-22	Jun-22	Sep-22
Target (%)	13.47	16.01	18.48	22.06	22.06	22.06
Numerator	106	149	197	345	358	373
Denominator	1,537	1,537	1,537	1,537	1,537	1,537
Oldham (%)	6.90	9.69	12.82	22.45	23.29	24.27

Dementia Performance



Measure	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22
Target (%)	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00
Numerator	1,681	1,673	1,652	1,633	1,665	1,686	1,687	1,689	1,695	1,674	1,696	1,693
Denominator	2,415	2,416	2,416	2,419	2,426	2,434	2,433	2,436	2,448	2,451	2,458	2,460
Oldham (%)	69.61	69.24	68.39	67.51	68.64	69.26	69.33	69.34	69.25	68.29	69.00	68.81
Greater Manchester (%)	68.30	68.60	68.40	67.80	68.40	68.80	68.61	68.72	68.75	68.97	69.16	69.41
England (%)	61.90	62.00	61.80	61.60	61.70	62.00	61.84	61.90	61.95	62.03	62.09	62.17



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